

A to Z Pediatric Dentistry

WHAT TO EXPECT ON THE DAY OF SEDATION

In order to alleviate the stresses associated with completing large amounts of dental treatment, Dr. Clark or Dr. Jensen has recommended the administration of a sedative-hypnotic agent during your child's dental rehabilitation appointment. This procedure is conducted millions of times a year by pediatric dentists who have received specialized medical/dental training in the administration, monitoring and emergency care for these children. Our staff receives extensive training and certification in the area of pediatric sedation and management of emergencies, while our state-of-the-art facility is specially designed to accommodate this specific procedure.

In caring for your child, our primary objective is the same as yours. We want to restore your child's mouth to a state of good dental health, while keeping your child as comfortable as possible during this process. The ultimate goal of a pediatric dental sedation is two fold: first, to complete all or a majority of your child's dental treatment within the shortest amount of time possible, and second, to alleviate most or all of the anxiety that usually accompanies a long or difficult dental procedure. Ideally, this procedure is used on children that are too young to understand why they require this treatment, children with moderate to severe dental anxiety, or young adults with special needs. As with all medications, every individual will react differently. Some may become tired and sleep through the procedure, while others may become rambunctious and hyperactive. In both instances, we are confident that a majority of their stress will be eliminated and the treatment will not be remembered. It is very important that after the procedure is over, the parents or guardians refer to this experience in only a **positive** manner. A positive post-treatment period will allow your child to build confidence in the dentist and will ensure that subsequent appointments are less stressful. Dr. Clark or Dr. Jensen has elected to treat your child with this method while in the comforts of their office. The other alternative methods of treatment are intravenous sedation using general anesthesia or hospital admission to put your child completely to sleep.

DEPOSIT AND PAYMENT INFORMATION

ORAL SEDATIONS:

A deposit of at least half the treatment plan "estimated patient portion" is due at the time of scheduling and the balance is due on the day of treatment **OR** you may pay the full amount of the "estimated patient portion" when scheduling. I understand that \$180.00 of this deposit will be used as a broken appointment fee should I fail to notify the office of the need to cancel or reschedule this appointment within 48 hours of the scheduled appointment time. If I need to cancel the appointment with less than 48-hours notice for a documented medical reason, I understand that this deposit will be transferred to a new date; however, this documentation must be provided to A to Z Pediatric Dentistry.

IV SEDATIONS:

A deposit of at least half the treatment plan "estimated patient portion" is due at the time of scheduling and the balance is due on the day of treatment **OR** you may pay the full amount of the "estimated patient portion" when scheduling. . I understand that \$180.00 of this deposit will be used as a broken appointment fee should I fail to notify the office of the need to cancel or reschedule this appointment within 48 hours of the scheduled appointment time. If I need to cancel the appointment with less than 48-hours notice for a documented medical reason, I understand that this deposit will be transferred to a new date; however, this documentation must be provided to A to Z Pediatric Dentistry.

NITROUS SEDATIONS:

A deposit of at least half the treatment plan "estimated patient portion" is due at the time of scheduling and the balance is due on the day of treatment. I understand that \$50 of this deposit will be used as a broken appointment fee should I fail to notify the office of the need to cancel or reschedule this appointment within 48 hours of the scheduled appointment time.

****I also understand that it is my responsibility to call A to Z Pediatric Dentistry TWO days prior to the day of sedation to confirm my appointment at 480-503-3764. If the office is closed leave a message for Kasey (Treatment Coordinator). If the office does not hear from you, your child's appointment will be cancelled.****

I understand that any insurance coverage **ESTIMATE** given to me by this office is not a guarantee of actual insurance payment. I also understand that I am ultimately responsible for all charges incurred for dentistry performed in this dental office. Any insurance claim not paid in full after 60 days will become your responsibility to pay at that time.

For payment we accept cash, debit/credit cards: Visa, MasterCard, and Discover.
We do not accept checks.

A to Z Pediatric Dentistry

INSTRUCTIONS TO PARENTS OF PEDIATRIC PATIENTS WHO ARE RECEIVING SEDATION FOR DENTAL TREATMENT

Appointment Date _____ Time _____

In General. It is very important for your child's safety that you follow these instructions **carefully**. Failure to follow these instructions could result in serious complications prior to, during, or after the sedation procedure.

Change In Health. Please notify us of any changes in your child's medical history. **DO NOT** bring your child in for treatment with a fever, ear infection, upper respiratory infection or congestion. If your child becomes ill prior to their appointment, please notify the office immediately to reschedule this appointment. A 24-hour notice will allow us to fill your appointment with another child that requires immediate or emergency treatment.

Eating & Drinking. To avoid having your child vomit during the sedative state, **DO NOT** allow your child to eat (*any types of foods*) or drink (i.e. milk, *water, apple juice, ginger ale, Sprite, Gatorade, etc...*) after midnight the night prior to the scheduled appointment.

Medications. Give your child only those medications that he/she takes **routinely** such as anti-seizure medications, insulin, anti-hyperactive or other medications (*antibiotics*) prescribed by your child's physician or dentist. **DO NOT** give any other medications before or after treatment without the consent of Dr. Clark, Dr. Jensen, or your pediatrician.

Before you leave home. Please **remove all fingernail or toenail polish** prior to this appointment because we will be placing a monitoring sensor on your child's fingers & toes. We will monitor heart rate, oxygen level and breathing throughout the appointment, so please dress your child in comfortable **loose fitting, short-sleeved clothing**. Girls **should not** have **barrettes** in their hair or **pony tails**.

Arrival To The Office. Your child must be accompanied by a parent or legal guardian for **all** sedation appointments. **DO NOT** bring any other children with you to your child's sedation appointment. Your child will require your full attention prior to and following the dental treatment. After Dr. Clark, Dr. Jensen, or a trained dental assistant gives your child the sedative medication, you will wait with your child in the sedation/recovery room while it takes effect (*approximately 45-60 minutes*). If your child needs to use the restroom while the medication takes effect, please do so. Ask to use our staff restroom and accompany your child as they are sedated! Initially, the sedative may make your child irritable or hyperactive and they will quickly lose their coordination. **DO NOT** allow your child to walk or stand unassisted during this early period of sedation.

During Treatment. Parents are allowed to stay in the operatory during treatment. Because of limited space and our focus on our patient, we ask that you leave other siblings at home. This medication is a sedative and not a general anesthetic. These sedatives allow the dentist to work while your child is comfortably resting. The medications are primarily used to minimize the patient's long-term memory of this procedure. Whether the child is awake or not during treatment, very little will be recalled on a long-term basis. We will also be placing a nosepiece over your child's nose to supply them with both oxygen and nitrous oxide (*laughing gas*). This will also help keep your child in a relaxed state of sedation and will ensure that they receive an adequate amount of oxygen throughout the procedure.

Following Treatment. Your child will remain in a lightly sedated state **for up to 6 hours** after this visit and will not be able to partake in any activities, including returning to school. Allow the child to rest quietly until these medications wear off, remembering to periodically provide them with plenty of clear fluids. When speaking to your child regarding this appointment, emphasize only **positive**, complimentary statements are appropriate. A positive post-treatment period will allow your child to build confidence in the dentist and will ensure that subsequent appointments are much less stressful.